

In addition to treating the disease of childhood cancer, our team's family-centered approach also cares for the child's well-being and their family.

Four Diamonds makes it possible for specialty care providers to exclusively serve the physical, mental, emotional and spiritual needs of our patients and their families.



**Child Life:** Child life specialists help kids confront fears about their illness. Through play therapy and distraction techniques, Child Life helps children and their families cope with the life-changing effects of childhood cancer.



**Social Work:** Social workers support families with the adjustment from diagnosis, into treatment and through survivorship. They help each family by addressing practical concerns including financial assistance, school needs, employment concerns, transportation assistance and healthy coping.



**Clinical Nutrition:** Our clinical nutritionist provides information that will keep our patients as healthy as possible. Nutritional care also helps reduce the side effects of childhood cancer treatment.



**Education:** Educators, provided by the Capital Area Intermediate Unit, are available for all school-age children. Services include direct instruction and assisting families and schools with modifications in the academic environment.



**Clinical Psychology:** Our psychologist helps patients and their families with the unique psychological challenges presented by childhood cancer. Services include individual and family therapy, coping skills, relaxation techniques, bereavement services and referrals for psychological testing.



**Music Therapy:** Music therapists use evidence-based interventions, including playing instruments, singing, listening and song writing to promote adjustment to the hospital setting. Experiences are designed to help alleviate pain, manage stress, express feelings, improve communication, foster social interaction and promote physical rehabilitation.



**Pastoral Care:** Our chaplain integrates the spiritual needs of patients and their families into the care plan. The chaplain notifies the team about family faith practices and how their faith may impact medical treatment.



**Childhood Cancer Survivorship Program:** Through our Childhood Cancer Survivorship Program, young survivors are screened for physical and emotional side effects that may not surface until years after their diagnosis or treatment. Each survivor then receives a highly personalized, ongoing plan of care.



### **Pediatric Oncology Nurse**

**Specialists:** Our pediatric oncology nurse specialists work exclusively with childhood cancer patients through all stages of treatment, providing outpatient care, support and education. They are also skilled in the treatment protocols necessary for the long-term care of children, which allows our team to provide pediatric oncology patients with the highest quality of care possible.



**Neuropsychology:** Pediatric neuropsychology helps children, adolescents and young adults who may be struggling with cognitive impairment related to their medical diagnosis and/or treatments. The team then provides an evaluation to assess the child's cognitive strengths and weaknesses in order to determine appropriate treatment interventions.



**Genetic Counseling:** Thanks to Four Diamonds funding, Penn State Children's Hospital is one of 30 pediatric cancer genetics programs in the country. The Childhood Cancer Genetics Program, led by certified genetic counselors, uses risk assessment tools to determine whether a Four Diamonds child has a personal or family history associated with a hereditary cancer syndrome. Genetic counseling can help parents and families make informed decisions regarding testing, treatments and future plans.



**Art Therapy:** Art therapy empowers patients to use art in their healing process. Art therapy works to engage the mind and body to support coping with hospital experiences; provide a safe outlet for emotional expression; promote feelings of control; and instill resiliency and relaxation.



**Four Diamonds supports expert childhood cancer care and comprehensive support that extends beyond the team of doctors and nurses.**